

**Nicholas Cooper**  
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## **EDUCATION**

### **Doctorate of Nursing Practice (Psychiatric Mental Health Nurse Practitioner Track)**

Johns Hopkins University .....**May 2026**

GPA: 3.99

Address: 525 N. Wolfe Street, Baltimore, MD 21205

Doctoral Thesis: *Enhancing Mental Health Literacy Through Brief Psychoeducational Videos: An Evidence-Based Quality Improvement Initiative*

### **Masters of Science in Nursing..... Nov. 2022**

DePaul University

GPA: 4.0

Address: 990 W. Fullerton Ave, Suite 4400, Chicago, IL 60614

### **Bachelors of Science in Sociology with Honors.....Dec. 2020**

Minor: English Literature

University of Central Florida. Orlando, FL.

GPA: 3.63

Address: 4000 Central Florida Blvd., Orlando, FL 32816

Undergraduate Honors Thesis: *Trends in Experienced Intimidation and Pressure at the Recreation and Wellness Center at the University of Central Florida*

### **Associates of Arts.....May 2017**

Valencia College. Orlando, FL.

Address: 1800 Denn John Lane, Kissimmee, FL 34744

## **ACTIVE PROFESSIONAL LICENSE**

**IL: Registered Professional Nurse | License #: 041539578 | Expiration Date: 05/31/2026 | Illinois Department of Financial and Professional Regulation**

**CA: Registered Nurse | License #: 95360729 | Expiration Date: 12/31/2027 | California Board of Registered Nurses**

**CA: Nurse Practitioner & Furnishing | License #: 95041195 | Expiration Date: 12/31/2027 | California Board of Registered Nurses**

## **CLINICAL EXPERIENCE**

### **Registered Nurse | Rady Children's Hospital | September 2025- Current**

- Provide and coordinate care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records, and educate patients and their families about various physical and behavioral health conditions
- Provide nursing care and services within the standards and scope of nursing practice as defined within the state Nurse Practice Act regulations, policies, procedures, and protocols, as well as facility and corporate policies and procedures
- Collaborate with others to ensure that all patients' physical, biopsychosocial, age, developmental and cultural needs are met
- Demonstrate knowledge and utilization of universal precautions in providing direct patient care
- Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents

### **Registered Nurse | Sharp Mesa Vista | December 2024- Current**

- Provide and coordinate care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records, and educate patients and their families about various physical and behavioral health conditions
- Provide nursing care and services within the standards and scope of nursing practice as defined within the state Nurse Practice Act regulations, policies, procedures, and protocols, as well as facility and corporate policies and procedures
- Collaborate with others to ensure that all patients' physical, biopsychosocial, age, developmental and cultural needs are met
- Demonstrate knowledge and utilization of universal precautions in providing direct patient care
- Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents

### **Registered Nurse | Emergency Screening Unit | October 2024- Current**

- Provide and coordinate care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records, and educate patients and their families about various physical and behavioral health conditions
- Provide nursing care and services within the standards and scope of nursing practice as defined within the state Nurse Practice Act regulations, policies, procedures, and protocols, as well as facility and corporate policies and procedures
- Collaborate with others to ensure that all patients' physical, biopsychosocial, age, developmental and cultural needs are met
- Demonstrate knowledge and utilization of universal precautions in providing direct patient care

- Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents

**Registered Nurse | University of Illinois Health | March 2023- October 2024**

**Reason for Leaving: Moved Out of State**

- Provide and coordinate care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records, and educate patients and their families about various physical and behavioral health conditions
- Provide nursing care and services within the standards and scope of nursing practice as defined within the state Nurse Practice Act regulations, policies, procedures, and protocols, as well as facility and corporate policies and procedures
- Collaborate with others to ensure that all patients' physical, biopsychosocial, age, developmental and cultural needs are met
- Demonstrate knowledge and utilization of universal precautions in providing direct patient care
- Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents

**Registered Nurse | Montrose Behavioral Health | Nov 2022- July 2023**

**Reason for Leaving: New opportunities to work**

- Provide and coordinate care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records, and educate patients and their families about various physical and behavioral health conditions
- Provide nursing care and services within the standards and scope of nursing practice as defined within the state Nurse Practice Act regulations, policies, procedures, and protocols, as well as facility and corporate policies and procedures
- Collaborate with others to ensure that all patients' physical, biopsychosocial, age, developmental and cultural needs are met
- Demonstrate knowledge and utilization of universal precautions in providing direct patient care
- Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents

**Albert Schweitzer Fellow | Health & Medicine Policy Research Group |May 2022-May 2023**

**Reason for Leaving: Graduated from Fellowship**

- Develops and implements a community service project in partnership with Ann & Robert H. Lurie Children Hospital's Gender Development Program
- Conducts over 200 hours of direct contact with family and patients through shadowing medical and behavioral health providers
- Creates comprehensive list of gender-affirming adult medical providers and cultivates organizational partnerships across the nation

- Produces and mobilizes policy and procedures for pediatric-to-adult health care transition for an urban pediatric multidisciplinary gender development clinic
- Assists and educates patient and family on transition readiness and available gender-affirming referrals

**Student Nurse Intern | Ann & Robert H. Lurie Children's Hospital | Jan. 2021-July 2023**

**Reason for Leaving: Graduated from Internship**

- Collaborates with a dynamic health care team in the management of patient care.
- Supports and assists medical providers with initial and follow up appointments taking part in the Gender Development Program.
- Analyzes and assists in the interpretation of medical questionnaires including TRAQ, PHQ-9, Body Image Scale, GAD-7, PARS, SCARED, and TYFAQ.
- Conduct quality improvement initiatives to implement evidence-based policy change and patient-facing educational documents for gender-affirming transition to adult behavioral and medical care.
- Generates organizational partnerships between Ann & Robert H. Lurie Children's Hospital and DePaul University

**RESEARCH EXPERIENCE**

**Research Intern | with Dr. Kristen Clark PhD | Jan. 2022- Jan. 2023**

**Reason for Leaving: End of Internship**

- Synthesizes research and data in regard to transgender and gender diverse youth
- Compiles data and research on current clinical practices being utilized to support transgender and gender diverse youth
- Analyzes current peer reviewed literature regarding child and adolescent mental health
- Research, prepare, write and submit grant proposals for research projects
- Create timelines, meet deadlines, and manage multiple projects and tasks simultaneously
- Manages and monitors research development and publication deadlines
- Attends regular follow up meetings and educational presentations from Dr. Kristen Clark on research methodology and techniques

**Researcher Associate | H.E.A.R.T. (HIV Education, Awareness, and Research Team).  
University of Central Florida | 2019-2020**

**Reason for Leaving: End of Internship**

- Addresses the multiple and complex effects of the HIV/AIDS epidemic, both locally and nationally
- Partners with community organizations and stakeholders to address HIV/AIDS locally
- Provides educational opportunities focused on HIV and AIDS and their medical, mental health, and social effects on individuals and families
- Seeks and acquires external funding and conducts high-quality research that informs prevention methods and mental health interventions for individuals and families affected by HIV and AIDS

## **OTHER EMPLOYMENT**

### **Graduate Teaching Assistant | Johns Hopkins University, School of Nursing | May 2024-May 2026**

- Courses: Pharmacology, Psychiatric Mental Health Nursing
- Responds to student inquiries through TA office hours, synchronous sessions with instructor, and other forms of communication
- Assist with discussion forums by facilitating and contributing to discussion to promote student engagement
- Assists with grading and proctoring of assignments and exams
- Provides support to faculty by collecting and reviewing the format of written assignments
- Communicates regularly with the course faculty

### **Simulation Lab Graduate Assistant | DePaul University, College of Science and Health, School of Nursing | May 2021- Dec 2022**

- Prepares and conducts simulation laboratory experiences for graduate nursing programs.
- Develops and facilitates educational sessions and learning opportunities for graduate nursing students.
- Hosts open laboratory hours for students to practice clinical skills.
- Analyzes, transcribes, and tabulates simulation data using DocuCare.
- Holds seat on simulation council to represent student perspective.
- Acts as liaison between students, clinical instructors, and course instructors.

### **Student Advising Council Member | LGBTQ+ Services Department of the Social Justice and Advocacy. University of Central Florida | 2018-2020**

- Renovates and revises student guides focused on providing available health services and support for LGBTQ+ students on campus
- Updates and facilitates training courses for LGBTQ+ Advocacy, Gender Orientation Language Diversity, Coming Out, and LGBTQ+ 101
- Plans and executes activities to promote advocacy, involvement, and student development within the LGBTQ+ community on and around the UCF area
- Develop student outreach and programming for Orlando Youth Empowerment Summit hosted annually

### **General Operations and Internship Developer | One Orlando Alliance | Aug-Dec 2019**

- Development and implementation of an internship program
- Conduct research on other internship programs
- Survey and conduct need assessments from potential interns
- Solicit outreach to coalition organizations to coordinate implementation of internship into over 40 different companies

### **Development Intern | Family Equality | May-Aug 2019**

- Conduct research and outreach with potential sponsors and advertisers and cultivate those partnerships
- Solicit and coordinate donations of in-kind items, gift cards, and raffle items

- Oversee a comprehensive gratitude process for community patterns, major sponsors, and others
- Provide support to LGBTQ parent groups across the country
- Create and revise resources for online systems

**Director of External Affairs | Pride Student Association, University of Central Florida | Jan-Dec 2019**

- Connect on-campus LGBTQ+ organizations to non-profit organizations in and around the greater Orlando area
- Develop cohesive bi-weekly meetings for students to build connections to fellow students, faculty, staff, and business professionals within the LGBTQ+ community
- Provide awareness of available services to the students of UCF both on and off campus

**PUBLICATIONS**

Neiling, K., **Cooper, N.**, Fenton, A., Ndzi, M., Win, R., Humphrey, K. (2026). The Ketogenic Diet for Depression and Anxiety: Implications for Practice. *The Journal for Nurse Practitioners*. <https://doi.org/10.1016/j.nurpra.2026.105816>

Fenton, A., Goode, C., Rhode, A., Douglass, B., Busch, D., Thompson, K., **Cooper, N.**, Neiling, K., Ndzi, M., Leonard, K., Wang, R., Gulock, K., McFadden, A., Asogwa, M. (2026). The Sustained Student Integration Model (SSIM): A Longitudinal Framework for DNP Project Integration in NP-Led Interdisciplinary Practice. *Journal of Doctoral Nursing Practice*. Accepted for publication.

**Cooper, N.**, & Fenton, A. (2025). Strategies in Developing Mental Health Literacy Tools: An Integrative Review. *Journal of psychosocial nursing and mental health services*, 1–7. Advance online publication. <https://doi.org/10.3928/02793695-20251120-03>

Fenton, A., Neiling, K., Goode, C., Win, R., **Cooper, N.** (2025) Environmental Drivers of Mental Health: A Planetary Health Perspective. *The Journal of Nurse Practitioners*. 21(10), 105549. <https://doi.org/10.1016/j.nurpra.2025.105549>

**Cooper, N.**, Klepper, Malnekoff, D., & Clark, K.D. (2022) Accessibility of High-Quality Gender Affirming Care for Transgender Youth. Manuscript in Preparation.

**Cooper, N.**, Klepper, M., Malnekoff, D., & Clark, K.D. (2022) Monitoring and Triaging Mental Health for Transgender Youth. Manuscript in Preparation.

**PROFESSIONAL CONFERENCE PRESENTATIONS**

**Cooper, N.**, Fenton, A. “*Environmental Drivers of Mental Health: A Planetary Health Perspective*”. Poster presentation. American Psychiatric Nurses Association. Accepted April 7, 2026. Phoenix, AZ. October 2026.

Lee, K., **Cooper, N.**, Chavez, L., Inwards-Breland, D., Joyce-Ward, J., Katz, J., Voss, R. “Implementation of a Transition to Adult Care Process for Adolescents and Young Adults in a Pediatric Gender Program – A Quality Improvement Initiative”. Poster presentation. US Professional Association for Transgender Health Scientific Symposium. Accepted July 2025. Sata Ana Pueblo, NM. September 2025.

**Cooper, Nicholas.** *A Comprehensive Transition Tool for Gender Development Programs*”. Poster presentation. Illinois Statewide Transition Conference. Accepted May 2022. Peoria, IL. November 2022.

**Cooper, Nicholas.** “Trends in Experienced Intimidation and Pressure at the Recreation and Wellness Center at the University of Central Florida.” Paper presentation. Annual Meeting of the Southern Sociological Society. Atlanta, GA. April 2019.

### **EDITORIAL ACTIVITIES**

|              |               |                                      |
|--------------|---------------|--------------------------------------|
| 2025-Present | Peer Reviewer | Journal of Doctoral Nursing Practice |
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### **TEACHING EXPERIENCE**

**Guest Lecturer.** “Considerations in Child/Adolescent Psychiatric Nursing”. Oral Presentation. DePaul University, School of Nursing. Chicago, IL. 2023.

### **CERTIFICATIONS**

|                                                                                                            |             |
|------------------------------------------------------------------------------------------------------------|-------------|
| <b>Crisis Prevention Institute Training.</b> Crisis Prevention Institute.....                              | <b>2024</b> |
| <b>Basic Life Support.</b> American Heart Association.....                                                 | <b>2023</b> |
| <b>COVID-19: Effective Nursing in Times of Crisis.</b> Johns Hopkins University.....                       | <b>2021</b> |
| <b>COVID-19 Contact Tracing.</b> Johns Hopkins University.....                                             | <b>2021</b> |
| <b>Mental Health First Aid Certification.</b> National Council of Behavioral Health.....                   | <b>2019</b> |
| <b>Green Dot Bystander Intervention Certification.</b> Student Affairs. University of Central Florida..... | <b>2019</b> |
| <b>Safe Zone Certification.</b> Office of Social Justice and Advocacy. University of Central Florida.....  | <b>2019</b> |

### **SOCIETY MEMBERSHIPS**

|                                                                   |             |
|-------------------------------------------------------------------|-------------|
| <b>World Professional Association for Transgender Health.....</b> | <b>2022</b> |
| <b>GLMA- Health Professionals Advancing LGBTQ Equality.....</b>   | <b>2022</b> |

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|----------------------------------------------------|-------------|
| <b>DePaul LGBT Student Nurses Association.....</b> | <b>2021</b> |
| <b>DePaul Student Nurse Association.....</b>       | <b>2021</b> |
| <b>Southern Sociological Society.....</b>          | <b>2019</b> |
| <b>Sociologist for Women in Society.....</b>       | <b>2019</b> |