

CURRICULUM VITAE Part I**PERSONAL DATA****Maureen Ndzi DNP, PMHNP-BC, CCM**

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Year	Degree	Institution	Location
2025	Doctor of Nursing Practice/Psychiatric Mental Health Nurse Practitioner	Johns Hopkins University	Baltimore, MD
2019	Master of Science in Nursing	Johns Hopkins University	Baltimore, MD
2005	Bachelor of Science	Herbert H. Lehman College	Bronx, NY

CURRENT LICENSE AND CERTIFICATIONS

Year	Source	Type
2025-Present	American Nurses Credentialing Center	Board Certified Psychiatric Nurse Practitioner (PMHNP-BC)
2025- Present	District of Columbia Board of Nursing	Advanced Practice Registered Nurse (APRN)
2025- Present	Maryland Board of Nursing	Certified Registered Nurse Practitioner (CRNP)
2025- Present	Drug Enforcement Administration	Controlled Substance Prescribing
2021-Present	Commission for Case Management Certification	Certified Case Manager
2020-Present	District of Columbia Board of Nursing	Registered Nurse (RN) #RN1058487
2019-Present	Maryland Board of Nursing	Registered Nurse (RN) #R241043

PROFESSIONAL EXPERIENCE

Years	Position	Institution	Location
2025- Present	Psychiatric Nurse Practitioner	The Collective NP Clinic, LLC	Severna Park, Maryland
2025-Present	Owner & Nurse Practitioner	Speranza Wellness Solutions, LLC	Laurel, MD

2025-Present	Adjunct Faculty	Johns Hopkins University School of Nursing	Baltimore, MD
2022-Present	Integrated Care RN Consultant	PSI Family Services	Washington, DC
2021-2023	Director of Nursing	Dedicated Care Health Services	Washington, DC
2020-2021	Psychiatric Nurse Practitioner	Dedicated Care Health Services	Washington, DC
2019-2022	Acute Dialysis Registered Nurse	DaVita, Inc	Baltimore, MD
2017-2018	Care Coordinator	McClendon Center	Washington, DC
2010-2017	Community Support Worker	Green Door	Washington, DC

HONORS AND AWARDS

2025	Psych Congress Elevate 2025 Scholarship, Selected Scholar
2024	Isabel Hampton Robb Teaching Fellow, Selected Fellow
2024	Nursing Foundation of Maryland Scholarship, Recipient
2024	American Psychiatric Nurses Association Board of Directors, Student Scholar
2024	American Association of Nurse Practitioners Student Scholarship, Recipient
2023	United Health Foundation-Diversity in Healthcare Award, Recipient
2023	SAMHSA Minority Fellowship Program Doctoral Fellowship, Selected Fellow
2022	Joanne and William Conway Endowed Nursing Scholarship, Recipient
2019	Sigma Theta Tau International Honor Society of Nursing, Inducted
2017	Phi Theta Kappa Honor Society, Inducted
2005	Dean's List Herbert H. Lehman College
2005	Departmental Honors: Health Services Administration-Herbert H. Lehman College
2003	Golden Key International Honor Society, Inducted

SCHOLARSHIP

Publications

1. Fenton, A., Win, R., **Ndzi, M.**, & Neiling, K. (2025). Mindfulness in nursing education: an integrative review. *BMC nursing*, 24(1), 1473. <https://doi.org/10.1186/s12912-025-04070-0>

2. Rodney, T., **Ndzi, M.** (2024). Emotional Safety in PMHNP Practice: Remaining Emotionally Engaged and Avoiding Burnout. *Journal of Psychosocial Nursing and Mental Health Services*, 62, 10, 2-3
3. Fenton, A., Neiling, K., **Ndzi, M.**, Goode, C. K., & Humphrey, K. G. (2024). Nutrition for Mental Health: Guidance for Clinical Practice. *The Journal for Nurse Practitioners*, 20(10), 105209.
4. Josiah, N., Shoola, H., Rodney, T., Arscott, J., **Ndzi, M.**, Bush, A.D., Wilson, P.R., Jacques, K., Baptiste, D. L., & Starks, S. (2023). Addressing systemic racism and intergenerational transmission of anxiety using Bowenian family therapy with African American Populations: A Discursive paper. *Journal of Advanced Nursing*. Wiley Online Library. <https://doi.org/10.1111/jan.15610>

PRESENTATIONS

- Fenton, A., Neiling, K., **Ndzi, M.** (2025, October). *Nourish to flourish: Nutrition essentials for psychiatric practice* [Poster presentation]. APNA 39th Annual Conference, *Empowered to Innovate and Collaborate: PMH Nurses Shaping Care Excellence*
- Ndzi, M.**, Cotter, V., & Fenton, A. (2025, May). *Development and implementation of an evidence-based provider training to reduce cardiometabolic risk* [Poster presentation]. Johns Hopkins School of Nursing, Baltimore, MD, United States.
- Josiah, N., Rodney, **Ndzi, M.**, & Cacchione, P.Z. (2025, May). Cobenfy (xanomeline and trospium chloride) into PMHNP curricula via simulation: Addressing geriatric psychiatry gaps through innovative education [Podium presentation]. 2025 NEI Spring Congress, Philadelphia Marriott Downtown, Philadelphia, PA, United States.
- Ndzi, M.** (2024). Cardiometabolic Risk Reduction in Individuals Diagnosed with Mental Illness. Doctoral Nursing Project Presentation. Johns Hopkins University School of Nursing, Baltimore, MD, United States.
- Josiah, N., Shoola, H., Rodney, T. Arscott, J., **Ndzi, M.**, Bush, A., Wilson, P., Jacques, K., Baptiste, D., Starks, S. (2023). Addressing Systemic Racism and Intergenerational Transmission of Anxiety using Bowenian Family Systems Therapy with African American Populations: Discursive Paper. Sigma's 34th International Nursing Research Congress (July 20, 2023). Abu Dhabi, United Arab Emirates [Podium presentation]
- Ndzi, M.** (2022) National Alliance on Mental Illness (NAMI). Voices of Experience-NAMI Maryland Frontline Wellness (May 11, 2022). [Expert Panel Discussion, Online Webinar]

EDITORIAL ACTIVITIES

2025- Present Peer Reviewer Journal of the American Psychiatric Nurses Association

PROFESSIONAL ACTIVITIES

Date	Organization
2025-Present	Member-Association of Clinicians for The Underserved (ACU)
2024-Present	Member- Neuroscience Education Institute (NEI)
2023-Present	American Psychiatric Nurses Association (APNA)
2022-Present	International Society of Psychiatric-Mental Health Nurses (ISPN)
2022-2024	American Association of Nurse Practitioners (AANP)
2022-2023	AANP Specialty Group-Psych Mental Health
2021-Present	National Alliance on Mental Illness (NAMI)
2019-2023	Sigma Theta Tau International Honor Society of Nursing

ACADEMIC SERVICE & COMITTEES

2025-Present Cardiometabolic Health Interest/Writing for Academia Group: Johns Hopkins University School of Nursing

2024-Present Student-Faculty Writing for Academia “SWAG” group. Johns Hopkins University School of Nursing

CURRICULUM VITAE
Part II

EDUCATIONAL ACTIVITIES**Johns Hopkins University School of Nursing**

Spring 2026 Clinical Instructor, 11 Students
Course: Master of Science in Nursing (Entry into Practice)-Population and Public Health Nursing

Fall 2025 Clinical Instructor, 14 Students

	Course: Master of Science in Nursing (Entry into Practice)-Population and Public Health Nursing
Fall 2025	Simulation Clinical Facilitator
	Master of Science in Nursing (Entry into Practice)
Fall 2025	Guest Lecturer:
	Bipolar Disorder-09/10/2025
	Schizophrenia-09/22/2025
	Course: Master of Science in Nursing (Entry into Practice)-Psychiatric Mental Health
Summer 2025	Guest Lecturer:
	Bipolar Disorder-06/11/2025
	Schizophrenia-06/16/2025
	Course: Master of Science in Nursing (Entry into Practice)-Psychiatric Mental Health
Spring 2025	Clinical Instructor, 14 students
	Course: Master of Science in Nursing (Entry into Practice)-Population and Public Health Nursing
Spring 2025	Course Development
	DNP Advanced Practice Program-Isabel Hampton Robb Teaching Fellow
	Course: Introduction to Psychiatric Mental Health Nurse Practitioner Practice Interview Techniques
Fall 2024	Isabel Hampton Robb Teaching Fellow, 70 Students
	Course: Master of Science in Nursing (Entry into Practice)-Psychiatric Mental Health
Summer 2023	Teaching Assistant, 84 Students
	Course: Master of Science in Nursing (Entry into Practice)-Psychiatric Mental Health

MENTORING AND ADVISEMENT

2024	Student Panelist	Accepted Students Day, DNP/PMHNP program, Johns Hopkins School of Nursing
2022-2025	Student Mentor	DNP/PMHNP program, Johns Hopkins School of Nursing

2022	Student Mentor	Dedicated Care Health Services Psychiatric Nursing Clinical, Trinity University Students
2019	Student Mentor	MSN-Entry into Practice Program, Johns Hopkins School of Nursing